

Arches Language School

Conversation Workshop 2: Every-day Activities

Language Level: A1

Grammar Focus: Simple Present, Present Continuous, Adverb Use, Quantifiers.

Speaking Activity 1: My Sport Life

(20 mins)

Directions: In this speaking activity, you'll listen to your teacher talk about her/his favorite sport. Then, in turns, talk about your sport and fitness life. The following questions may serve you as a basis, but feel free to add any information you consider relevant to your presentation.

• Do you like sports? If so, what's your favorite sport? Do you ever practice it or you just watch it on TV?

- Who's your favorite athlete? Why?
- Do you have an active sport life? How often do you exercise or play sports?
- Are you into fitness? Do you ever go to a gym? If so, tell us about your experience.
- Do you think it's important to include sport activities into our lives? Explain your answer.

Speaking Activity 2: My Eating Habits

(20 min)

Directions: In this speaking activity, you'll hear your teacher talk about the importance of having good eating habits. Then, in turns, talk about your meals and diet. The following questions may serve you as a basis, but feel free to add any information you consider relevant to your presentation.

- How many meals do you have in the day? What do you eat in each of them?
- Do you think you have a proper diet? Is your diet rich in protein, vegetables and fruit?
- Do you have your meals around the same time every day?
- Do you enjoy seating at the table with your family?
- What's your favorite food? How often do you eat it?
- Overall, what do you prefer? Home-made food or restaurant-made food?





Speaking Activity 3:

Directions: In this speaking activity, your teacher will talk about the city where she/he lives. Then, you'll share your views and opinions about your city. The questions below may serve as a basis for your presentation, but feel free to add any information you consider relevant.

- What city do you live in? Were you born in it?
- Do you like your city? Explain your answer.
- Is it violent? Quiet? Touristic?
- How many people live in your city (approximately)?
- Are there enough services and resources (such as hospitals, schools, stores, markets?
- Are there any beaches in your city? How far are them from your house?
- What's your favorite place in your city? How often do you go there?



